

Covid-19 Protocols for In-Person Lessons — Fall 2022

In an effort to protect the health of everyone in the studio, we will follow the protocols outlined below for in-person lessons. Despite our best efforts to ensure safety, if you choose to participate in in-person lessons, it is with the understanding that there is a possible risk of exposure to SARS-CoV-2, the virus that causes Covid-19. As the conditions of the pandemic are ever-changing, **you or I may request at any time to do online lessons.**

COVID-19 VACCINATION REQUIREMENT

All students participating in in-person lessons **must be up to date with Covid-19 vaccinations** as recommended by the CDC (primary doses and boosters when eligible). This also applies to parents/caregivers who accompany students to lessons. My household is up to date with Covid vaccines, and we will remain so.

MASKS

Masks are **required for everyone in the studio** (me, student, parent/caregiver). Masks must cover your nose and mouth and be **well-fitted** with no obvious gaps.

HAND WASHING

Either wash your hands or use hand sanitizer before your lesson. Hand sanitizer will be available on a table inside the waiting room.

ILLNESS

If you are **at all sick** (even with a cold!), **do not come to the studio.** If you feel well enough for a lesson, we will do an **online lesson** instead.

Symptoms that warrant staying home include: sore throat, congestion or runny nose unrelated to allergies, fever or chills, cough, fatigue, muscle aches, diarrhea, nausea or vomiting. **When in doubt, please stay home!**

POSITIVE COVID-19 CASES

If you **test positive** for Covid-19, do not come to the studio until you receive a **negative antigen test** (rapid test). If you feel well enough for a lesson, we'll do online lessons until you test negative. Please **let me know if I may have been exposed** so I can take extra precautions. While maintaining confidentiality, I will

notify the households of students who may have been exposed.

ASYMPTOMATIC TESTING

I do asymptomatic Covid-19 testing at least once a week (more frequently during periods of high local transmission). While not required for in-person lessons, I do encourage asymptomatic testing; it's an effective way to mitigate Covid-19 transmission.

VENTILATION

Weather permitting, windows in the studio will be open with a small fan blowing outside to increase ventilation. A HEPA air purifier (Blue Pure 211+) runs continuously in the room. The purifier has a CADR of 350 cfm and gives our studio over 6 air changes per hour. A Corsi-Rosenthal Box runs in the waiting room (a box fan with four MERV-13 filters).